

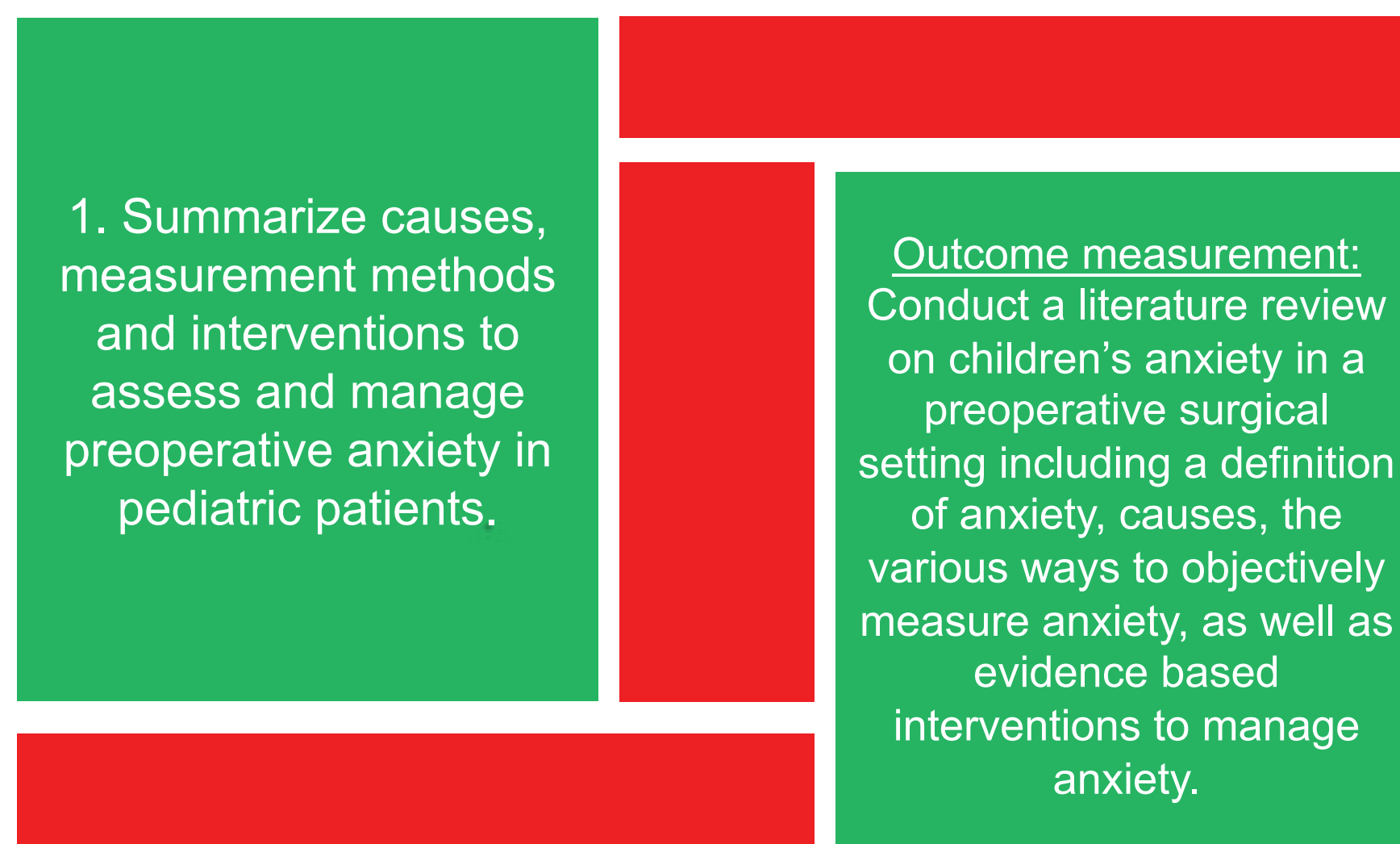
Assessing and Managing Preoperative Anxiety in Pediatric Patients Undergoing Outpatient Surgical Procedures- A Program Evaluation

Margaret A. Gettis RN, MS, CPNP
Children's Healthcare of Atlanta

PURPOSE OF EBP PROJECT

The purpose of this evidence-based practice project was to identify the best evidence for assessing and managing preoperative anxiety in pediatric patients undergoing surgical procedures and to examine CHOA's current care standards for practice incongruities.

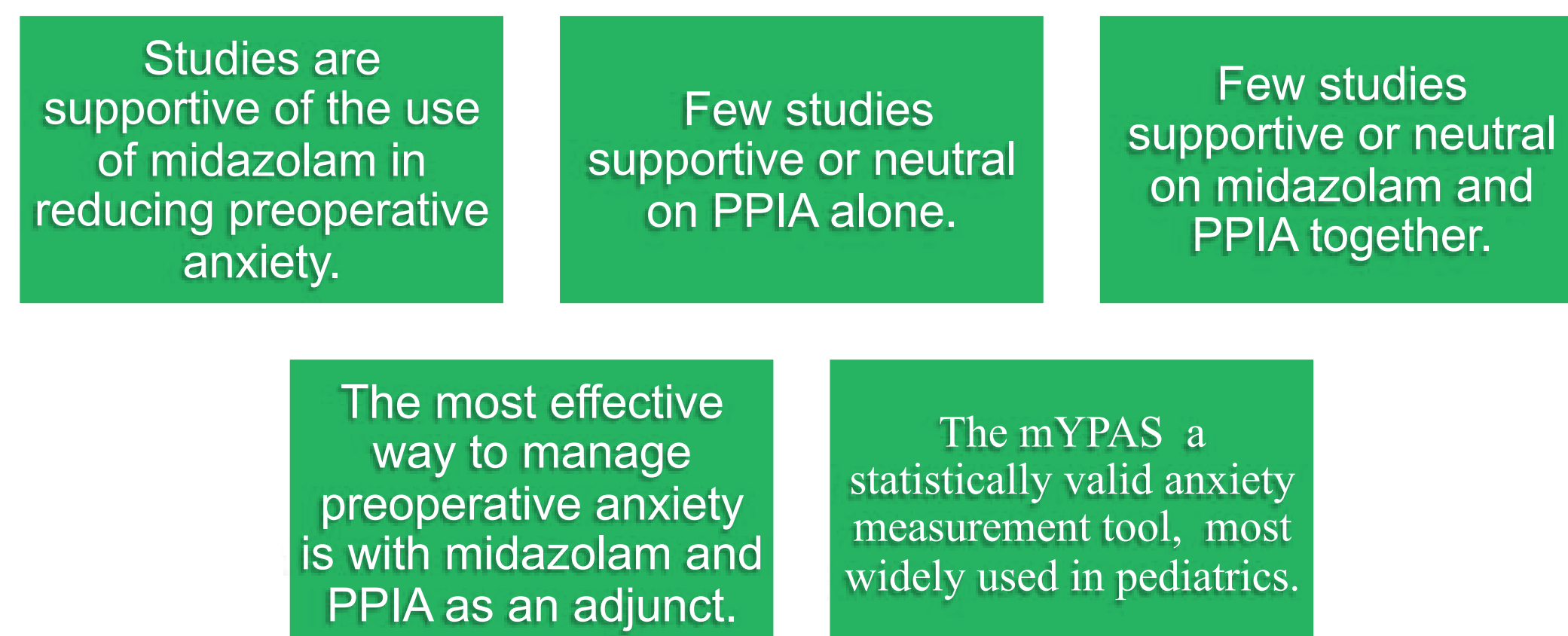
Specific Aim # 1



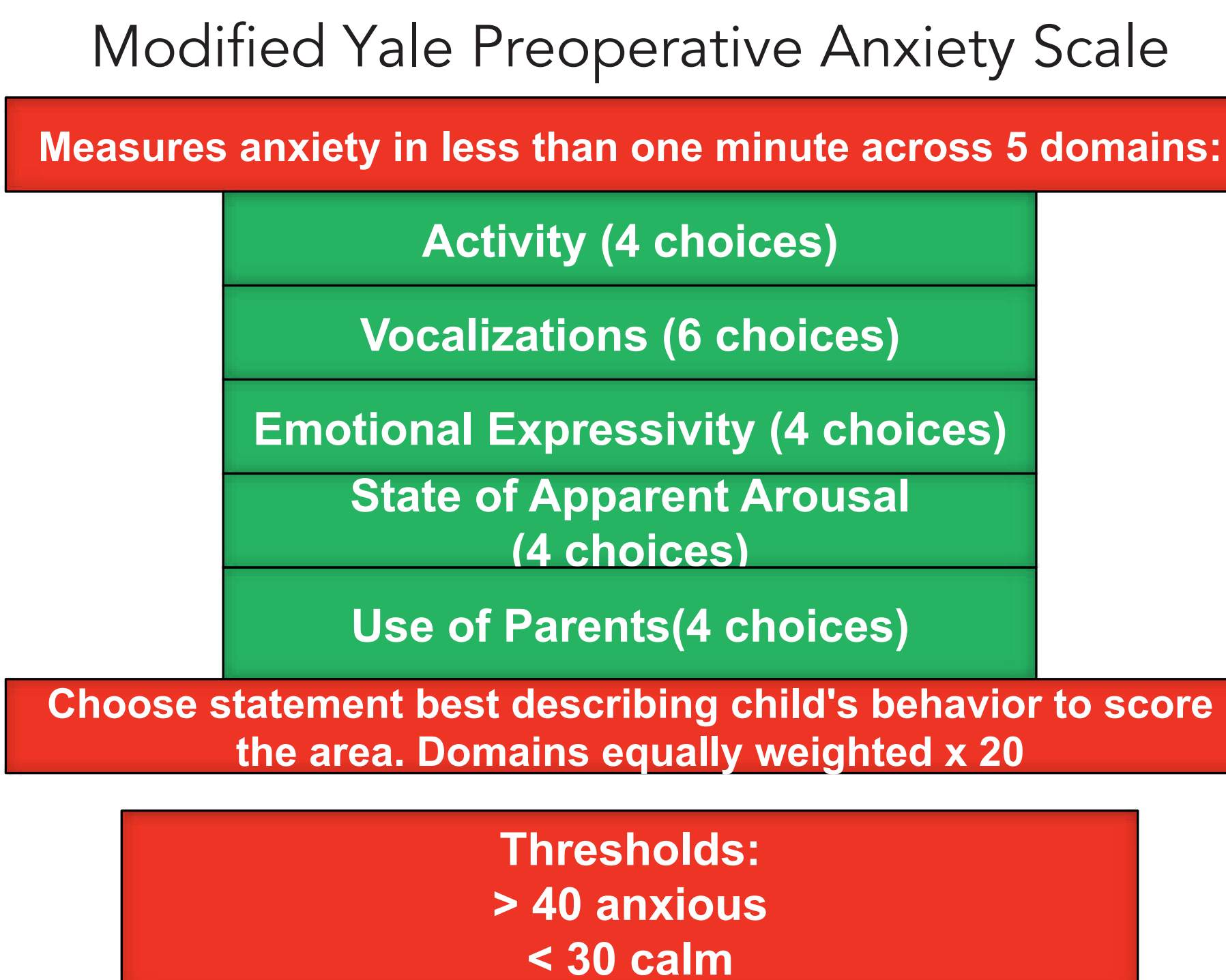
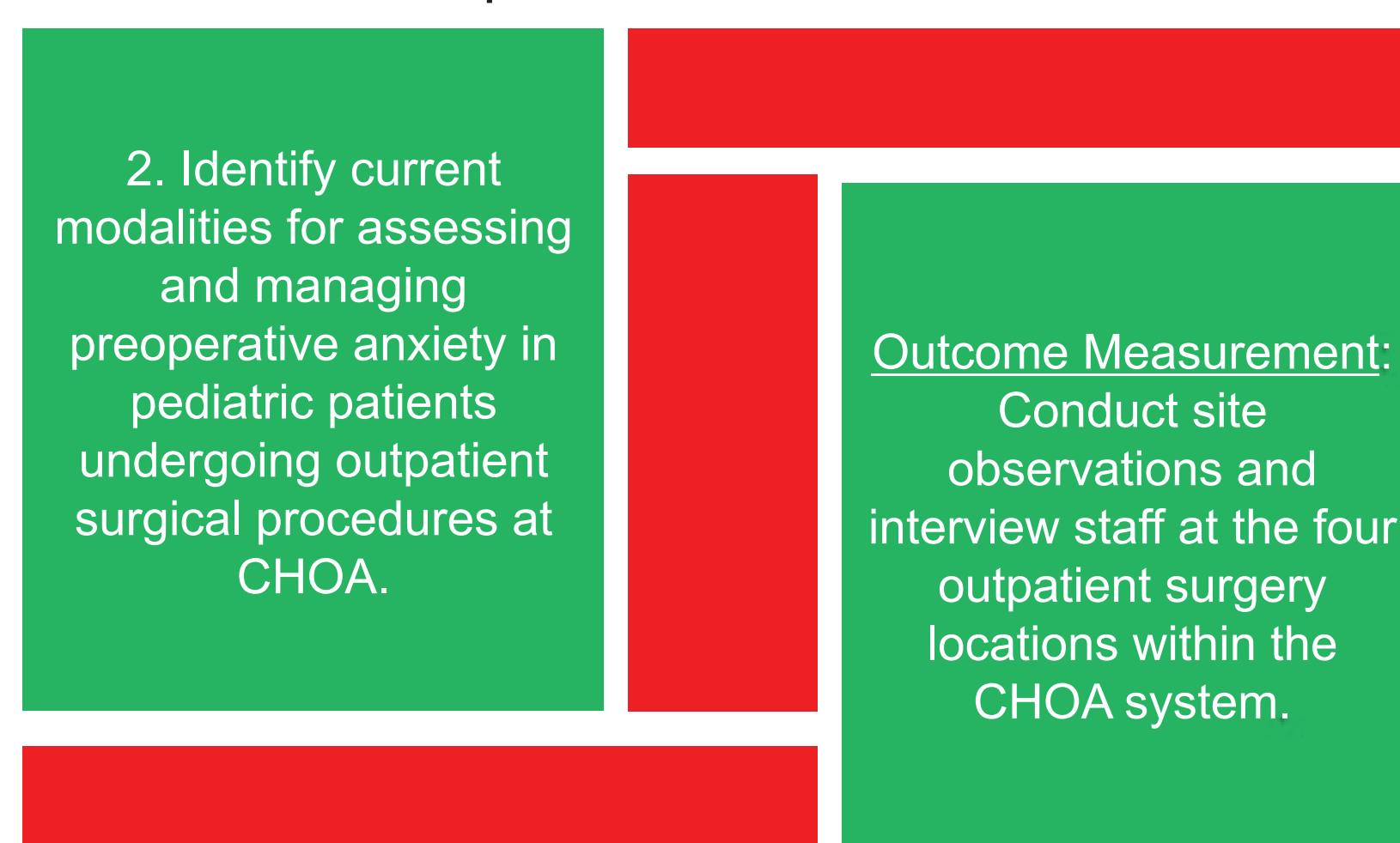
SEARCH STRATEGY

The literature was searched via PubMed and utilized key search terms such as pediatric preoperative anxiety and pediatric preoperative anxiety assessment yielding 277 articles. Inclusion/exclusion Criteria were established: Midazolam or parental presence at anesthesia induction (PPIA) and anxiety measurement calculation. American Society Anesthesiologists (ASA) physical status classification of 1 or 2 yielded 20 high quality articles for review.

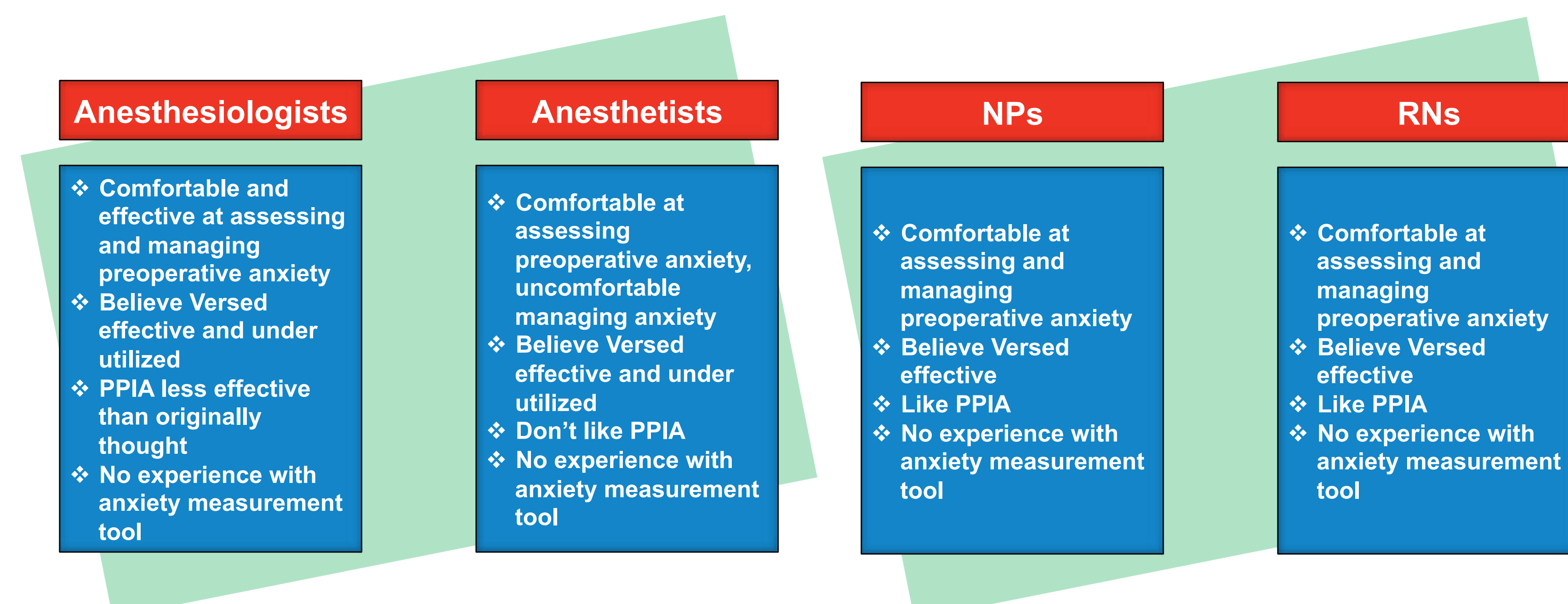
Summary of Literature Review



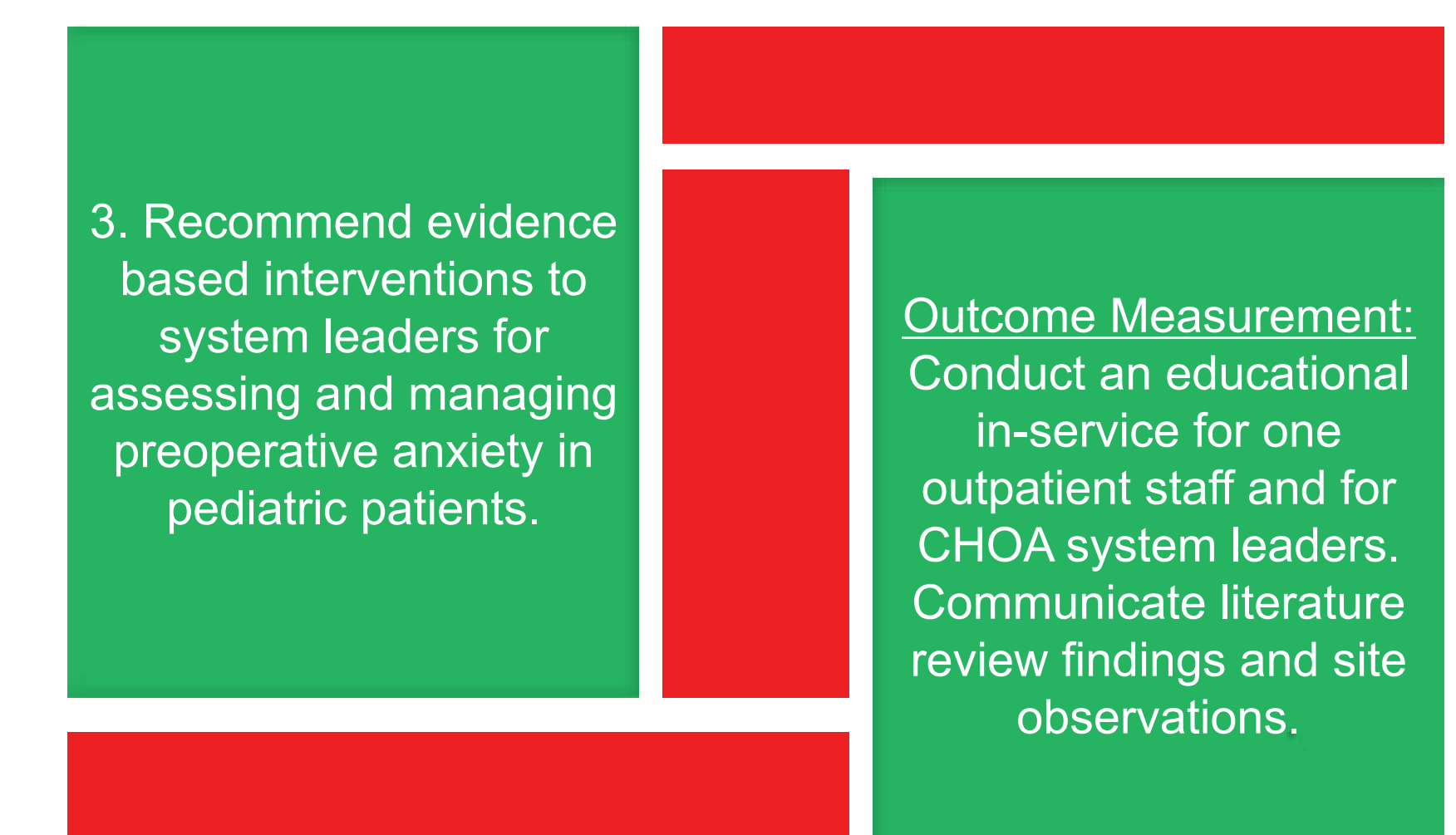
Specific Aim # 2



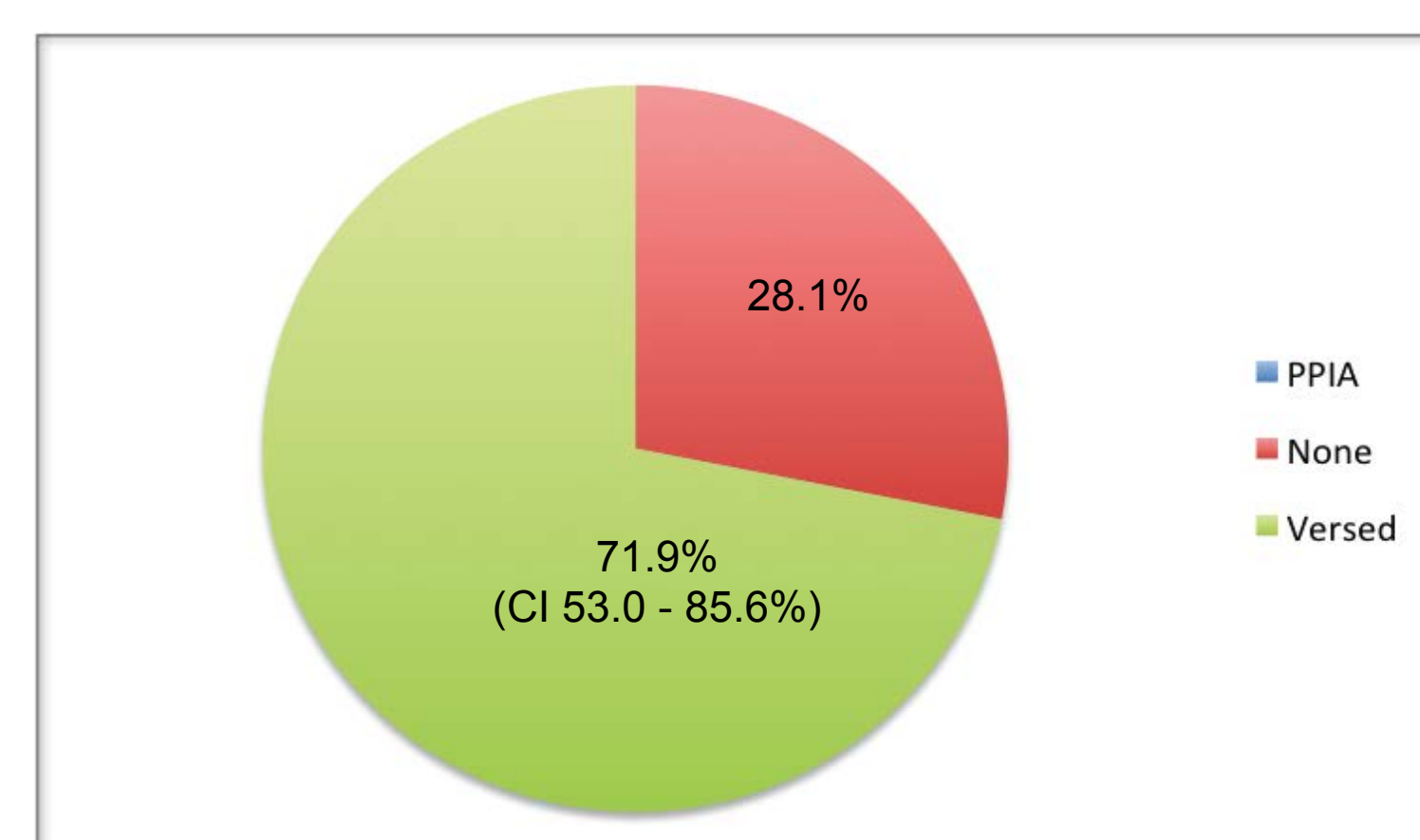
Identification of Themes



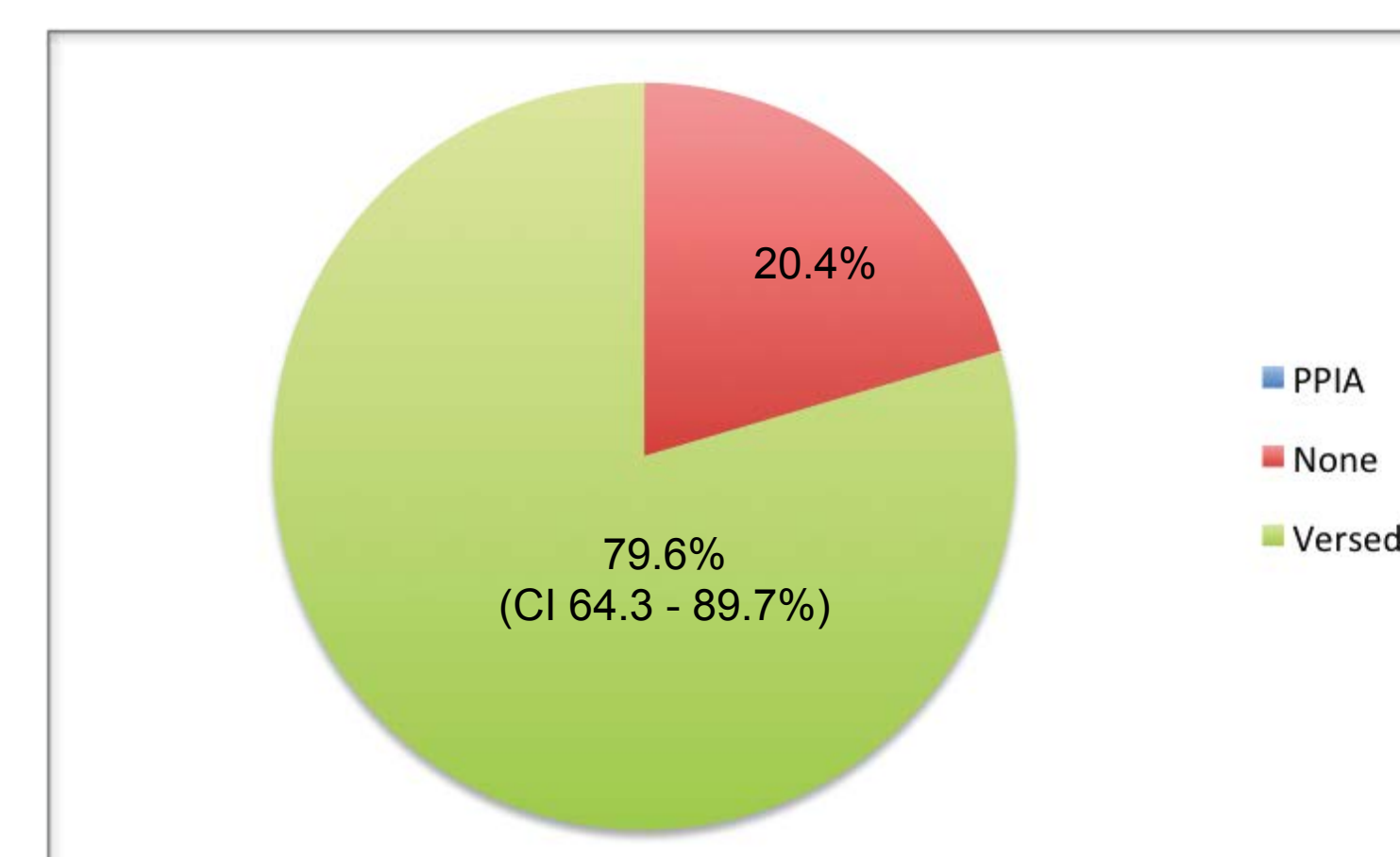
Specific Aim # 3



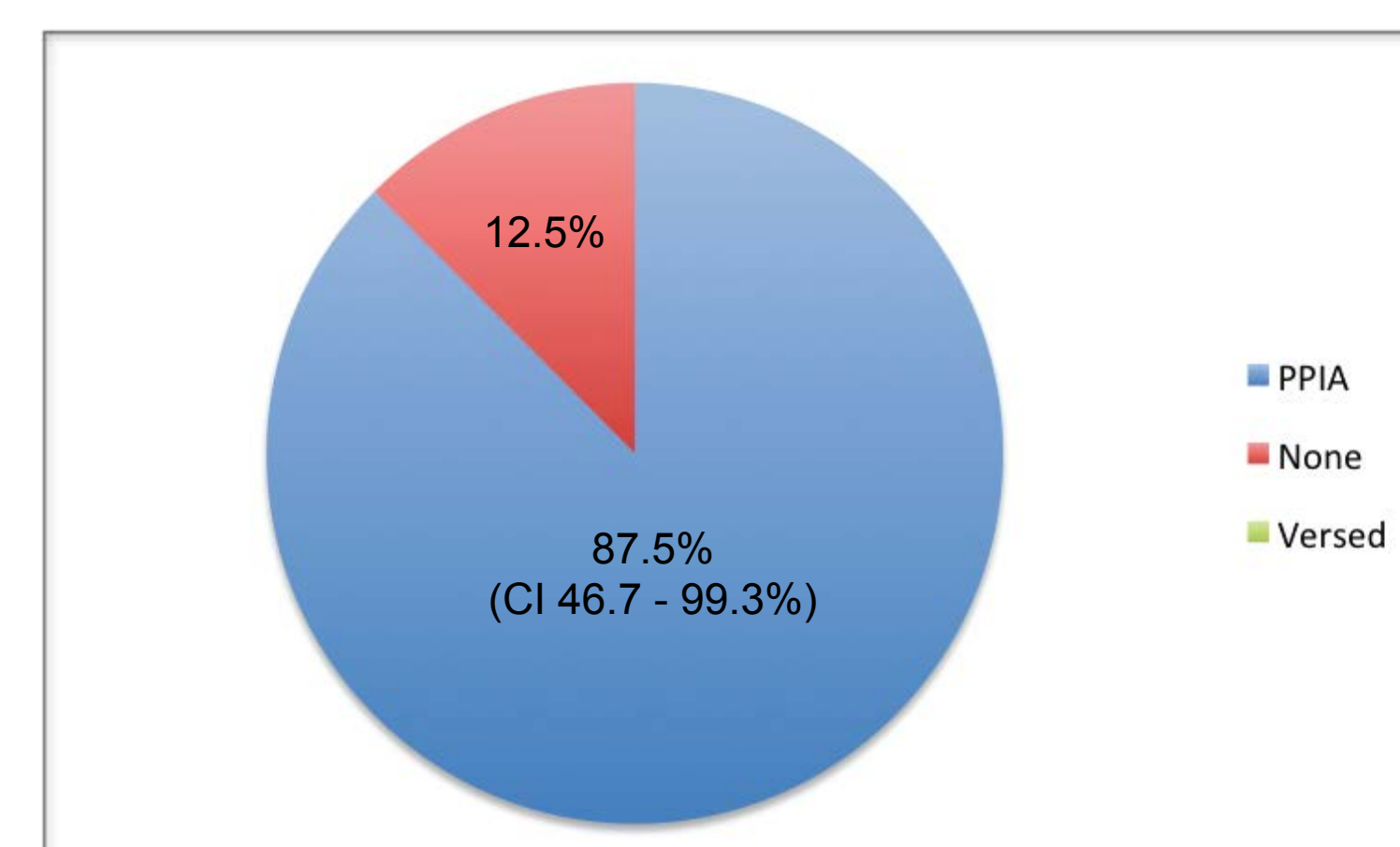
Results: Anxiety Management
Scottish Rite Day Surgery



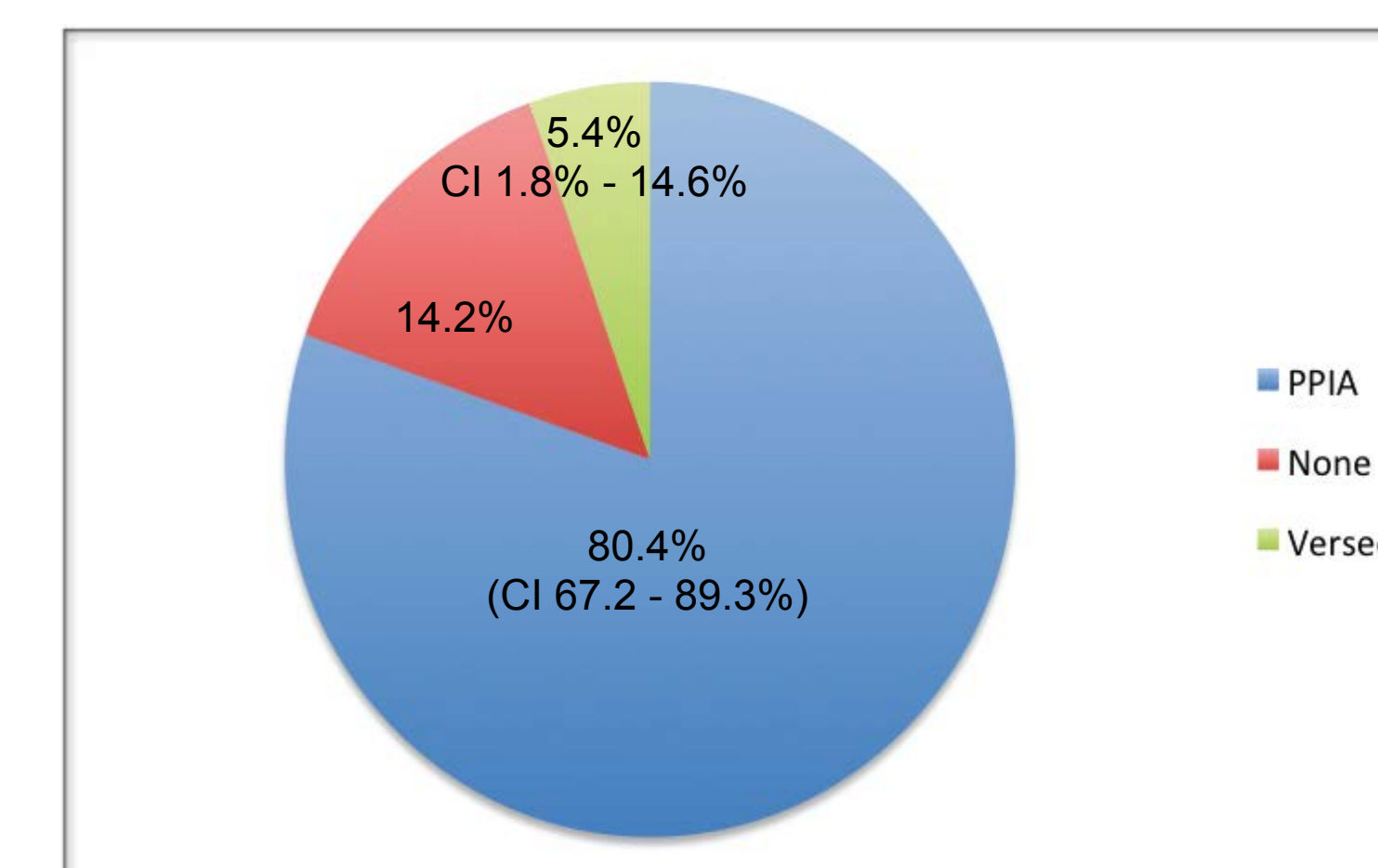
Results: Anxiety Management
Egleston Day Surgery



Results: Anxiety Management
Satellite Boulevard Ambulatory Surgery



Results: Anxiety Management
Meridian Mark Ambulatory Surgery



Implications for Practice



ACKNOWLEDGEMENTS

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CONTACT INFORMATION

Margaret A. Gettis
margaret.gettis@choa.org
(404) 785-3532