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Title project: Quality Improvement-Translation of Clinical Practice Guidelines for Childhood
Obesity by Primary Care Providers

Abstract

Childhood obesity is growing at an alarming rate. It is noted that guidelines for the prevention, identification, assessment, and management of overweight and obesity in adults and children exist and are currently available for utilization in the primary care setting. The problem is that healthcare providers are not utilizing or adhering to the present guidelines that are recommended for childhood obesity. The purpose of this project is to promote and implement a policy change at a primary care medical center in which a tracking form for healthcare providers to utilize to screen and prevent childhood obesity is developed. The aim is to improve healthcare provider's adherence to screening and prevention guidelines for childhood obesity in a primary care center using a tracking form that is founded on evidence-based research and collaboration within the primary care center. The Plan Do Study Act (PDSA) model will guide practice changes and outcome measures. The projected timeline is 10 weeks to develop, evaluate and implement a tracking form that will be utilized by the healthcare providers of a primary care medical center.