

Abstract

Developing clinical teaching skills of the nurse preceptor is a critical component of the success with building confidence to perform in the role. Lack of adequate preceptor role preparation has been identified as a practice concern within the current practice setting. This DNP candidate identified the need for training that includes strategies that focus on improving preceptor teaching skills. The One Minute Preceptor (OMP) is an evidenced based method of standardizing communication between preceptor and preceptee that is aimed at improving preceptors' abilities to teach. A review of the literature supports that there is improvement in teaching and learning when the OMP is utilized in various settings. The PICOT question guiding this project stated: Is there an improvement with clinical teaching skills among nurse preceptors who utilize the OMP method in practice compared with not utilizing it over eight weeks? This project involved preceptors employed by a multi-hospital system in the greater Phoenix area who were asked to participate in OMP training and then implemented this into practice. Qualitative assessments and workshop participant evaluations showed improvement in teaching skills. Results of paired t-tests of pre-and post-self-reported surveys show significant improvement with self-directed learning post OMP implementation. The OMP provides a reliable framework on which good communication and teaching conversations can be built. The potential exists for improving preceptor teaching ability when the OMP is introduced into training.