

## **Abstract**

### **Purpose**

The WIC clinics are on the forefront of identifying postpartum depression (PPD) in an at-risk population. Increasing the WIC staff's knowledge base on PPD will provide an opportunity to bring awareness to this prevalent health condition that can significantly affect the well-being of the mother as well as the child.

### **Method**

In order to address the issue of PPD, a quality improvement (QI) project will be implemented as an educational webinar for WIC staff in the state of Illinois. This webinar will include education on PPD and its prevalence in the WIC population.

### **Implementation Plan**

The links to the PPD webinar and the pre and post surveys were distributed to the WIC staff members in Woodford, Peoria, and Tazewell counties located in Illinois. Participants were asked to complete the pre-survey, view the PPD webinar, and then access the link to the post-survey to receive their continuing education credit.