

## Abstract

Advance directive information has been required since the Patient Self Determination Act of 1991. However, just the requirement of a conversation about an advance directive has not demonstrably resulted in having an advance directive that is easy for advocates to implement when the time arrives. Advance care planning has been identified by the Institute of Medicine as a program that can assist patients and caregivers to create and document a quality end of life care plan. Research supports that implementation of a patient centered plan will decrease stress and anxiety of the family members, and increase the quality of end of life for the resident while also increasing resident and family satisfaction. This project evaluation focused on patient and family satisfaction with end of life care. The implementation of this advance care planning project was successful, and in fact, exceeded the goals determined. This is supported by the data analysis indicating a statistically significant difference between pre-implementation and post-implementation data.

*Keywords:* advance care planning, ACP, end of life, satisfaction, advance directive