

Postpartum depression (PPD) is a prevalent postpartum complication affecting approximately one in seven mothers following childbirth. The purpose of this project is to implement a process for universal PPD screening, treatment, and follow-up of all postpartum mothers within the first 12 months following delivery in a federally qualified health center (FQHC) integrated health system in Southern California. Neuman's Systems Model was the theoretical framework utilized for project implementation. Deming's plan-do-study-act (PDSA) cycles were applied for application of screening, treatment, and follow-up interventions. Project success was determined based on provider and clinic staff usage of the planned procedures compared to baseline. Project limitations and the project's relevance to the DNP essentials were discussed.

*Keywords:* postpartum depression, federally qualified health center, Neuman Systems Model, Deming's Plan-Do-Study-Act cycle