

Abstract

The lesbian, gay, bisexual, and transgender (LGBT) population has suffered discrimination, stigma, and bias within the healthcare system. The Institute of Medicine and Healthy People 2020 provide recommendations to increase LGBT cultural competency to decrease the disparities experienced by this population. This quality improvement project implements a cultural competency intervention to increase mental healthcare access to the LGBT population.

Keywords: culturally competent care, LGBT, training, education, patient outcome, patient-centered care, cultural competence, and barriers to care

